



Event Calendar

April 2025

01 — Tuesday

No events

02 — Wednesday

05:00 — 06:00 5am Wed 2 April 2025 S&S

18:30 — 19:30 Slow & Short 6:30pm Wednesday

19:00 — 20:00 Wednesday 7pm All Abilities

19:30 — 21:00 SRG 2025 7.30pm Intermediate/Intervals Wednesday Group

03 — Thursday

No events

04 — Friday

No events

05 — Saturday

05:00 — 07:00 5am Saturday Long Run

06 — Sunday

No events

07 — Monday

05:00 — 06:00 5am Monday 7 April

17:30 — 18:30 SRG 2025 5:30pm Walking Group

18:30 — 19:30 Slow & Short Monday 6:30pm

18:30 — 20:00 SRG 6:30pm All abilities group

08 — Tuesday

05:00 — 06:00 Tuesday 5 am Intervals

09 — Wednesday

05:00 — 06:00 5am Wednesday April 9 Slow & Short

18:30 — 19:30 Slow & Short 6:30pm Wednesday

18:30 — 20:00 SRG 6:30pm All abilities group

19:00 — 20:00 Wednesday 7pm All Abilities

19:30 — 21:00 SRG 2025 7.30pm Intermediate/Intervals Wednesday Group

10 — Thursday

05:00 — 06:00 Thursday 5am Hills

11 — Friday

No events

12 — Saturday

05:00 — 07:00 5am Saturday 12 April Long run

13 — Sunday

No events

14 — Monday

05:00 — 06:00 5am Monday 14 April 2025

15 — Tuesday

No events

16 — Wednesday

05:00 — 06:00 5am Wednesday S&S 16 April 2025

17 — Thursday

No events

18 — Friday

No events

19 — Saturday

05:00 — 07:00 5am 19 April 2025

20 — Sunday

No events

21 — Monday

No events

22 — Tuesday

No events

23 — Wednesday

No events

24 — Thursday

No events

25 — Friday

No events

26 — Saturday

No events

27 — Sunday

No events

28 — Monday

No events

29 — Tuesday

No events

30 — Wednesday

No events