



## Event Calendar

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### December 2024

#### 01 — Sunday

15:30 — 17:00 Sunday Trail Run

#### 02 — Monday

05:00 — 06:00 SRG 2024 5am Monday Run

17:30 — 18:30 SRG 2024 5:30pm Walking Group

18:30 — 20:00 SRG 2023 6.30pm Monday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Monday 4-6km All Abilities Group

#### 03 — Tuesday

05:00 — 06:00 SRG 2024 5am Tuesday Run

#### 04 — Wednesday

05:00 — 06:00 SRG 2024 5am Wednesday Run

19:00 — 20:30 SRG 2024 7.00pm THE SRG CUT

#### 05 — Thursday

05:00 — 06:00 SRG 2024 5am Thursday Run

#### 06 — Friday

No events

#### 07 — Saturday

06:00 — 07:00 SRG 2024 5am Saturday Run

#### 08 — Sunday

15:30 — 17:00 Sunday Trail Run

#### 09 — Monday

05:00 — 06:00 SRG 2024 5am Monday Run

18:30 — 20:00 SRG 2024 6.30pm Monday All Abilities Group

19:00 — 20:30 7:00pm Monday Funday All Abilities

#### 10 — Tuesday

05:00 — 06:00 SRG 2024 5am Tuesday Run

#### 11 — Wednesday

19:00 — 20:30 SRG 2024 7:00pm Slow & Short All Abilities Group

19:30 — 20:30 SRG 2024 7.30pm Intermediate/Intervals Wednesday Group

## **12 — Thursday**

05:00 — 06:00 SRG 2024 5am Thursday Run

## **13 — Friday**

No events

## **14 — Saturday**

No events

## **15 — Sunday**

05:00 — 07:00 SRG 2024 5am Saturday Run

15:30 — 17:00 Sunday Trail Run

## **16 — Monday**

05:00 — 06:00 SRG 2024 5am Monday Run

17:30 — 18:30 SRG 2024 5:30pm Walking Group

19:00 — 20:00 SRG 2024 7.00pm Monday Short & Slow All Abilities

## **17 — Tuesday**

05:00 — 06:00 SRG 2024 5am Tuesday Run

## **18 — Wednesday**

05:00 — 06:00 POP UP 2024 5am Wednesday Slow & Short

19:00 — 20:00 SRG 2024 7.00pm Wednesday All Abilities Group

19:30 — 21:00 SRG 2024 7.30PM Wednesday AH Christmas Run

## **19 — Thursday**

No events

## **20 — Friday**

No events

## **21 — Saturday**

05:00 — 05:00 SRG POP UP 5am MORNING RUN

## **22 — Sunday**

15:30 — 17:00 Sunday Trail Run

## **23 — Monday**

No events

## **24 — Tuesday**

No events

## **25 — Wednesday**

No events

## **26 — Thursday**

No events

### **27 — Friday**

No events

### **28 — Saturday**

No events

### **29 — Sunday**

15:30 — 17:00 Sunday Trail Run

### **30 — Monday**

No events

### **31 — Tuesday**

No events

## **January 2025**

### **01 — Wednesday**

No events

### **02 — Thursday**

No events

### **03 — Friday**

No events

### **04 — Saturday**

No events

### **05 — Sunday**

15:30 — 17:00 Sunday Trail Run

### **06 — Monday**

05:00 — 06:00 SRG 2025 5am Monday Run

### **07 — Tuesday**

No events

### **08 — Wednesday**

No events

### **09 — Thursday**

05:00 — 06:00 SRG 2025 5am Thursday Run

### **10 — Friday**

No events

### **11 — Saturday**

No events

**12 — Sunday**

15:30 — 17:00 Sunday Trail Run

**13 — Monday**

05:00 — 06:00 SRG 2025 5am Monday Run

**14 — Tuesday**

05:00 — 06:00 SRG 2025 5am Tuesday Run

**15 — Wednesday**

No events

**16 — Thursday**

05:00 — 06:00 SRG 2025 5am Thursday Run

**17 — Friday**

No events

**18 — Saturday**

No events

**19 — Sunday**

No events

**20 — Monday**

05:00 — 06:00 SRG 2025 5am Monday Run

**21 — Tuesday**

05:00 — 06:00 SRG 2025 5am Tuesday Run

**22 — Wednesday**

No events

**23 — Thursday**

No events

**24 — Friday**

No events

**25 — Saturday**

No events

**26 — Sunday**

No events

**27 — Monday**

05:00 — 06:00 SRG 2025 5am Monday Run

**28 — Tuesday**

05:00 — 06:00 SRG 2025 5am Tuesday Run

**29 — Wednesday**

No events

**30 — Thursday**

No events

**31 — Friday**

No events